Swimming technique

OGDEN OTTERS | WORDSEARCH CHALLENGE

24 words | 20 x 20 grid

Name: _____

Find words forwards and backwards, across, down and diagonally.
Words can cross and share letters. Ignore spaces in the word list.

U D X E A P N Z Q O Y F G F U V X C I L
M T W U P J J W L F T T N E M N G I L A
J G N I H T A E R B E V I S O L P X E U
L L O R Y D O B Y Q T W H I P K I C K A
X Y I D B H M N O I T A T O R A D C F I
A K S F D I P O G W O A A Z O P U H P R
M G N U I O X T L D N G E J P L P A Y B
M W E X H A L A T I O N R S U U F N O D
T B T C Q K F P D G Y K B W L G S D W H
A O X N J H C R H X G I E L S Y Y E R I
X O E W V F O I R I P C L J I P M N Q V
B H R R M O G R K E N K K H O L M T F I
M F E D C P G Z D R G K C S N A E R Y T
J J C J I C N F L S E T I L M H T Y H R
R B O U B Z I L G C A T R C D E R F R A
E Q V V R A D N N C I G T L K S I V F W
T N E H Y D I A M O P E I U K W C B C A
S T R E A M L I N E D X A O L E A D Z O
A R Y X I A G X E G Z M R S H F L X C N
N F H T B Q W G L X U B E X K X K K Z R

WORDS TO FIND

- ☐ PROPULSION
- ☐ ROTATION
- ☐ CATCH
- ☐ PULL
- ☐ RECOVERY
- ☐ EXPLOSIVE BREATHING
- ☐ TRICKLE BREATHING
- ☐ GLIDING
- ☐ STREAMLINED
- ☐ EXHALATION
- ☐ ALIGNMENT
- ☐ BALANCE
- ☐ COORDINATION
- ☐ RHYTHM
- ☐ KICK
- ☐ EXTENSION
- ☐ SYMMETRICAL
- ☐ BODY POSITION
- ☐ FLUTTER KICK
- ☐ DOLPHIN KICK
- ☐ WHIP KICK
- ☐ HAND ENTRY
- ☐ BODY ROLL
- ☐ TIMING

Tick each word as you find it. Every word is in the grid on its own.